

DAILY DECLUTTER *challenge*



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This workbook is designed to contain accurate and authoritative information with regards to the subject matter covered. While due care and attention has been exercised in the compilation of this workbook, Chrissy at OrganiseMyHouse.com cannot be held responsible for any errors or omissions.

There can be no guarantee for results or any specific outcomes gained from using the methods in this workbook.

You should always take due care and diligence when making any changes suggested in this workbook.

This reference is intended to assist in sharing information with you, and this information has, as always, been delivered as accurately as possible.

The information in this workbook is heavily based on personal experience and anecdotal evidence.

HEY YOU!

I'm so excited that you've decided to take part in the daily declutter challenge!

It's the perfect option whether you're new to decluttering (to help build the decluttering habit) or a seasoned hand at it (always good to keep things in check!)

This challenge can be started at any time of the year - just follow the 3 steps >>> and dive in!

As an extra bonus, I have a dedicated decluttering FB page that posts the daily declutter challenge (along with lots of helpful tips, inspiration, and some fun too!). You can follow along at: -

<https://www.facebook.com/lessstuffmorespace/>

Or just search on Facebook for the page: Less Stuff, More Space)

This is perfect if you'd like to feel like you're doing it with others (always good motivation!), and I can't wait to see you comment on your progress there!

And that's it for now, so without further ado, let's get started.

Good luck!



Chrissy x

STEP 1
PICK THE MONTH YOU'RE IN RIGHT NOW, AND STICK THE SHEET SOMEWHERE YOU'LL SEE IT EVERY DAY

STEP 2
SET AN ALARM TO GO OFF AT THE SAME TIME EACH DAY - SOMETIME THAT YOU CAN USE 5 MINS TO DECLUTTER EASILY (WHILE TEA'S COOKING, MAYBE?)

STEP 3
COMMIT TO THIS DAILY HABIT AND START REAPING THE HUGE REWARDS OF DECLUTTERING!

January

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st YOUR KEYRING - KEYS YOU DON'T NEED TO CARRY AROUND	2nd YOUR MIND - WRITE DOWN ANYTHING YOU'RE HAVING TO REMEMBER	3rd BROKEN CHRISTMAS LIGHTS - DON'T PACK THEM UP FOR NEXT YEAR!
4th ANY BROKEN CHRISTMAS BAUBLES	5th CHRISTMAS DECORATIONS YOU HAVEN'T PUT UP FOR AT LEAST 3 YEARS	6th OLD CALENDARS AND DIARIES (UNLESS NEEDED FOR ACCOUNTING OR SENTIMENT)
7th HABITS ON YOUR TO DO LIST - ANYTHING LISTED THAT YOU DO WITHOUT NEEDING A REMINDER	8th EXCESS PICTURE FRAMES / ONES YOU DON'T USE AND HAVE NO SPACE FOR	9th OLD BEDDING THAT YOU NEVER USE
10th OUT OF DATE FOOD IN YOUR KITCHEN CUPBOARDS	11th BAD PHYSICAL PHOTOS THAT YOU'LL NEVER WANT TO FRAME OR PUT IN AN ALBUM	12th RECEIPTS FROM ITEMS YOU'RE KEEPING (UNLESS IT'S A GUARANTEE OR FOR ACCOUNTS)
13th ITEMS ON YOUR TO DO LIST WITH A DEADLINE - DATED ITEMS SHOULD BE IN YOUR DIARY.	14th ANY CLOTHES THAT ARE MISSHAPEN (JUMPERS FOR EXAMPLE)	15th FAKE PLANTS / FLOWERS THAT LOOK LESS THAN REAL...
16th TIGHTS WITH LADDERS. DON'T GET FRUSTRATED WHEN YOU NEXT PUT THEM ON!	17th UNSAVAGABLE RUSTED / TARNISHED JEWELLERY	18th EVERYTHING BUT THE ESSENTIALS OFF THE KITCHEN WORK SURFACES
19th DAMAGED BOOKS THAT ARE HARD TO READ	20th JUNK MAIL THAT'S COME INTO YOUR HOME	21st JUNK MAIL BEFORE IT COMES INTO THE DOOR - REGISTER ONLINE TO AVOID IT IF POSS.
22nd SHOES THAT HURT WHEN YOU WEAR THEM	23rd EXCESS TUPPERWARE / PLASTIC CONTAINERS	24th BOOKS YOU'VE NEVER READ AND WON'T EVER READ!
25th TOO MANY CLEANING RAGS	26th SOCKS WITHOUT THEIR PARTNER	27th HALF FINISHED CRAFT PROJECTS THAT ARE NEVER GOING TO BE COMPLETED
28th MEMORABILIA THAT DOESN'T HOLD THE SAME VALUE FOR YOU ANY LONGER	29th 'BAGS FOR LIFE' THAT YOU NEVER USE	30th STORAGE ITEMS THAT YOU DON'T USE AND THAT'S TAKING UP SPACE (OH!, THE IRONY!)
	31st SOMETHING THAT TAKES TOO MUCH TIME. EITHER GET RID OF COMPLETELY OR MINIMISE TIME SPENT ON IT	

February

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st CLOTHES THAT DON'T FIT (UNLESS YOU'RE LOSING OR GAINING WEIGHT ACTIVELY)	2nd CORDS AND WIRES THAT YOU HAVE NO CLUE WHAT THEY'RE FOR	3rd ANYTHING WAITING TO BE RETURNED TO FAMILY/FRIENDS ETC...
4th TIME SPENT IN KITCHEN - BATCH COOK A MEAL AND FREEZE	5th SCISSORS THAT DON'T CUT VERY WELL	6th SPORTS BRAS THAT HAVE LOST THEIR HOLD!
7th BOOKS YOU HAVE DUPLICATES OF	8th FRIENDS ON FACEBOOK WHO ACTUALLY AREN'T FRIENDS ANY LONGER...	9th DOWNLOADED FILMS THAT YOU'VE ALREADY WATCHED
10th TOILETRIES YOU'LL NEVER USE (E.G ITEMS FROM A SET YOU GOT AT CHRISTMAS)	11th OLD CAKE DECORATING SUPPLIES THAT ARE OUT OF DATE	12th DIY SUPPLIES THAT YOU DON'T NEED (THINGS BOUGHT FOR A PROJECT THAT YOU'VE FINISHED)
13th OLD UTILITY BILLS	14th CHARGERS FOR THINGS THAT YOU DON'T KNOW WHAT THEY CHARGE!	15th EXPIRED PRODUCT GUARANTEES OR THAT ARE FOR PRODUCTS YOU DON'T OWN ANYMORE.
16th ANYTHING ON YOUR TO DO LIST THAT'S OUTDATED	17th INVITATIONS FOR EVENTS THAT HAVE BEEN AND GONE	18th PAN LIDS WITH NO PAN THAT FITS THEM
19th GREETINGS CARDS FROM PAST EVENTS (KEEP ONLY THOSE THAT ARE TRULY SENTIMENTAL)	20th DAMAGED GIFT BAGS - THAT AREN'T GOOD ENOUGH TO GIFT TO ANYONE.	21st EXCESS COAT HANGERS (ESP. WIRE OR THIN PLASTIC ONES AS THEY DON'T DO CLOTHES GOOD)
22nd DIGITAL PHOTOS ON YOUR PHONE THAT AREN'T ANY GOOD - BLURRED ETC...	23rd ANYTHING THAT MAKES YOU FEEL SAD OR GUILTY WHEN YOU LOOK AT IT	24th OUT OF DATE NEWSPAPERS
25th RUGS PAST THEIR BEST	26th MANUALS FOR TECH ITEMS YOU HAVE (YOU CAN FIND THE UP TO DATE INFO ONLINE)	27th BOTTLES OF ALCOHOL THAT HAVE ONLY A TINY BIT LEFT IN THEM
28th TV SERIES LINKS ON YOUR TV THAT YOU AREN'T GOING TO WATCH AGAIN	29th YOUR CHOICE. ANYTHING THAT'S OBVIOUSLY MEANT FOR THE BIN...	

March

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st EVENING WEAR YOU WON'T WEAR AGAIN OR THAT YOU HAVE NO NEED FOR	2nd APPS ON YOUR PHONE THAT WASTE YOUR TIME	3rd ANYTHING WAITING TO BE MENDED - DIY OR CLOTHES!
4th DIGITAL BOOKS (KINDLE) THAT YOU'VE READ AND DON'T WANT ANY LONGER	5th EXCESS FURNITURE (CLEAR THE ROOM A BIT AND LET IT ALL BREATHE!)	6th SHOP CATALOGUES
7th ANY EARRINGS THAT DON'T HAVE THEIR PARTNER	8th OUT OF DATE VITAMINS THAT ARE LURKING IN THE MEDICINE CABINET	9th COATS THAT YOU NEVER WEAR ANYMORE
10th COMPUTER GAMES THAT AREN'T PLAYED ANYMORE	11th ANYTHING THAT IS PAST IT'S BEST IN THE FREEZER	12th PHONE CONTACTS - DELETE ANY NUMBERS YOU DON'T USE OR NEED ANY LONGER
13th KIDS ARTWORK (KEEP 1 OR 2 SPECIAL & PHOTO/SCAN THE REST TO STILL HAVE COPIES BUT LESS BULK)	14th OLD MAGAZINES	15th CLOTHES GENRES YOU DON'T NEED (E.G - OFFICE CLOTHES WHEN YOU WORK FROM HOME)
16th YOUR BATHROOM SCALES - YOU REALLY DON'T NEED THESE IN YOUR LIFE...	17th GLOVES WITHOUT A PARTNER	18th ANYTHING ON YOUR BEDSIDE TABLE THAT DOESN'T NEED TO BE THERE
19th OLD BIKES / SCOOTERS / TRIKES ETC...	20th IRONING WAITING TO BE DONE - DECLUTTER THAT PILE BY DOING 15 MINUTES TODAY!	21st WINTER CLOTHES THAT YOU DIDN'T WEAR, OR THAT ARE WORN OUT
22nd ANYTHING IN THE VISORS / MIRROR IN THE FRONT OF THE CAR THAT SHOULDN'T BE THERE	23rd ITEMS ON YOUR CLEANING SCHEDULE THAT SOMEONE ELSE COULD DO (DELEGATE)	24th OUT OF DATE PET FOOD / SNACKS
25th HATS THAT YOU DON'T WEAR	26th PAINT FOR ROOMS THAT YOU HAVE SINCE REDECORATED A DIFFERENT COLOUR	27th SCARVES THAT YOU DON'T WEAR
28th SUBSCRIPTIONS OR MEMBERSHIPS YOU NEVER USE	29th OLD COMPUTERS (TAKE CARE TO DESTROY THE HARD DRIVE FIRST)	30th SCRATCHED DVDS OR CDS
	31st PLUGIN AIR FRESHENERS THAT LOST THEIR SCENT A WHILE AGO	

April

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st BROKEN WATCHES THAT CAN'T BE FIXED	2nd DRIED UP PAINT BRUSHES OR ROLLERS	3rd EXCESS PACKAGING IN THE BATHROOM - TOILET ROLL BAGS ETC....
4th ALL THE UNNEEDED BITS OF PAPER/RECEIPTS ETC.. IN YOUR PURSE AND HANDBAG	5th CLEANING SCHEDULE TASKS THAT YOU DO TOO OFTEN (TAKE AWAY THE FREQUENCY)	6th ANY CLOTHES THAT ARE WORN OUT / DAMAGED
7th TEA TOWELS PAST THEIR BEST	8th CLEANING SUPPLIES YOU DON'T USE	9th OLD TOWELS THAT YOU DON'T USE ANY LONGER
10th CRACKED / DAMAGED MIRRORS	11th WORN OUT BATH MATS	12th OLD UNDERWEAR
13th INK CARTRIDGES YOU'RE STORING STILL, BUT YOU HAVEN'T GOT A PRINTER THAT THEY FIT ANY LONGER!	14th PEOPLE IN YOUR LIFE THAT MAKE YOU UNHAPPY TO BE AROUND	15th EXCESS PLATES - HOW MANY DO YOU *REALLY* NEED IN ONE GO?
16th ITEMS ON YOUR TO DO LIST THAT SOMEONE ELSE COULD DO. DELEGATE AT LEAST ONE THING	17th TANGLED JEWELLERY BEYOND FIXING	18th TICKETS FOR EVENTS / TRAVEL THAT HAVE BEEN AND GONE
19th PACKS OF PLAYING CARDS WITH SOME MISSING	20th MUGS - ANY OVER TOTAL NUMBER OF PEOPLE YOU'D EVER HAVE IN YOUR HOME IN ONE GO	21st TILE / FLOORING SPARES THAT YOU'VE KEPT, BUT THAT AREN'T IN YOUR HOME ANYMORE
22nd SPONGES/ CLOTHS THAT ARE STINKY	23rd ANYTHING THAT'S PAST ITS BEST IN THE FRIDGE	24th BROKEN OR UNSIGHTLY GARDEN ORNAMENTS
25th FINISHED COLOURING BOOKS	26th EVERYTHING BUT THE ESSENTIALS OFF THE BATHROOM SURFACES	27th VHS TAPES AND AUDIO CASSETTES IF YOU HAVEN'T ANYTHING TO PLAY THEM ON
28th DUPLICATE DIGITAL PHOTOS	29th ANYTHING IN CUP HOLDERS IN YOUR CAR THAT SHOULDN'T BE THERE	30th BROKEN / UNUSED EASTER DECORATIONS

May

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st GARDEN WEEDS - IT MAKES A MASSIVE DIFFERENCE OUTSIDE!	2nd BOXES FROM ELECTRONIC ITEMS - HOW MANY TIMES HAVE YOU EVER NEEDED THE BOX AGAIN?	3rd DUPLICATE KITCHEN ITEMS
4th OLD NAIL VARNISH / NAIL POLISH IN A COLOUR YOU DON'T WEAR ANY LONGER	5th ANYTHING WAITING TO GO TO THE TIP/DUMP - MAKE A JOURNEY OR 2 TODAY	6th ANY STICKERS ON YOUR CAR WINDOWS THAT ARE OUTDATED OR NOT NEEDED ANY LONGER
7th ANYTHING IN A BOX IN YOUR GARAGE THAT YOU DON'T USE, OR REMEMBER WHAT'S IN IT!	8th MAKEUP PAST ITS BEST	9th TAKE AWAY MENUS FOR PLACES YOU NEVER EAT AT
10th BAGS AND PURSES YOU WON'T USE AGAIN	11th OUTDATED ITEMS ON YOUR NOTICEBOARD	12th BROKEN OR CHIPPED VASES
13th EXCESS BEDDING - KEEP 2 SETS PER BED	14th HAIR PRODUCTS YOU USED TO USE WHEN YOUR STYLE WAS DIFFERENT	15th PHOTO ALBUMS YOU DON'T USE
16th CLOTHES YOU SIMPLY DON'T WEAR ANYMORE	17th TOILETRIES AND PERFUMES YOU HATE THE SMELL OF	18th CHIPPED GARDEN PLANT POTS
19th OUTDATED REFERENCE BOOKS - YOU CAN GO ONLINE FOR WHATEVER YOU NEED	20th HERBS AND SPICES YOU NEVER USE	21st KEYS THAT YOU HAVE NO CLUE WHAT THEY UNLOCK
22nd PRODUCT SAMPLES THAT YOU'VE PICKED UP AT DEPARTMENT STORES, OR IN MAGAZINES ETC.	23rd RINGS THAT DON'T FIT (AND THAT YOU WON'T GET RE-SIZED)	24th GAMES CONSOLES THAT YOU NEVER USE
25th OUTGOINGS - DECLUTTER ANYTHING ON YOUR STATEMENT YOU SHOULDN'T BE SPENDING ON	26th ANYTHING YOU CAN'T FIT INTO YOUR AVAILABLE TIME - START TO SAY NO OR DELEGATE MORE	27th OLD NIGHTWEAR
28th OLD BULBS (SHAKE THEM AND SEE IF THEY RATTLE!)	29th CDS YOU DON'T LISTEN TO ANY LONGER	30th ANYTHING IN YOUR HOUSE THAT BELONGS TO SOMEONE ELSE (KIDS WHO'VE MOVED OUT ETC...)
	31st OLD PARTY DECORATIONS	

June

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st TV PROGRAMMES THAT TAKE UP TOO MUCH OF YOUR TIME - PICK ONE TO STOP WATCHING	2nd CLOTHES THAT ITCH, AND THAT FEEL AWFUL WHEN YOU WEAR	3rd YOUR SPAM EMAIL FOLDER CONTENTS
4th EDUCATIONAL NOTES ETC... FROM PRIOR QUALIFICATIONS (YOU'RE QUALIFIED NOW!)	5th NOTEBOOKS THAT ARE MOSTLY USED BUT FULL OF NOTES YOU DON'T NEED	6th OLD CREDIT CARDS THAT YOU NO LONGER NEED/USE (CUT UP TO DISPOSE SECURELY)
7th ANY FOOD YOU HAVE TOO MUCH OFF THAT YOU WON'T EAT ALL IF BEFORE IT GOES OUT OF DATE	8th SHAMPOO AND CONDITIONER BOTTLES WITH A TINY BIT LEFT IN THE BOTTOM	9th DIARY PAGES YOU'VE ALREADY USED. YOUR PLANNER CAN BE SLIMMED DOWN A BIT NOW
10th MORE GLASSES THAN THE TOTAL NUMBER OF PEOPLE YOU'D HAVE DRINKING AT HOME AT ONCE	11th ITEMS ON THE FRONT OF YOUR FRIDGE	12th ANY SHOES THAT DON'T HAVE THEIR PARTNER
13th OUT OF DATE MEDICINES (TAKE TO CHEMIST)	14th KITCHEN GADGETS YOU NEVER USE THAT ARE TAKING UP VALUABLE SPACE	15th OLD CDS FOR COMPUTER SOFTWARE
16th GLASSES / CONTACTS THAT ARE THE WRONG PRESCRIPTION	17th PENS THAT DON'T WORK ANY LONGER	18th BLUNT RAZORS
19th ITEMS ON YOUR TO DO LIST THAT COULD BE AUTOMATED (PAYING BILLS ETC...)	20th SOCKS WITH HOLES IN THE TOES	21st EXCESS DRINKS COASTERS
22nd ANYTHING WAITING TO BE SOLD - GET IT SOLD OR GIVE IT AWAY.	23rd OLD CAR AIR FRESHENERS THAT LONG SINCE LOST THEIR SMELL	24th ATTACHMENTS FOR YOUR HAIR DRYER THAT YOU NEVER USE
25th DUVETS THAT DON'T FIT THE BEDS YOU HAVE	26th DIGITAL PHOTOS ON PHONE TAKING UP MEMORY (MOVE TO COMPUTER IF STILL NEEDED)	27th BALLOONS / CARDS / CANDLES WITH AGES ON THAT YOU WON'T NEED AGAIN
28th SPORTS / FITNESS EQUIPMENT NO LONGER USED OR THAT IS BROKEN	29th OLD EMAILS - SPEND 15 MINUTES GETTING RID OF AS MANY AS YOU CAN.	30th LOGO T-SHIRTS YOU WON'T WEAR



July

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st FINISHED PUZZLE BOOKS	2nd OPEN TABS ON YOUR BROWSER (PHONE AND COMPUTER) - CREATE BOOKMARKS IF NEEDED	3rd ANY CLOTHES YOU HAVE TOO MANY IDENTICAL ITEMS OF. HOW MANY DO YOU REALLY NEED?!
4th ANY GADGET THAT DOES A JOB THAT CAN BE DONE WITH SOMETHING ELSE YOU OWN.	5th BALLS & INFLATABLES WITH UNMENDABLE PUNCTURES	6th ANYTHING IN THE CAR DOOR STORAGE AREAS THAT SHOULDN'T BE THERE
7th PET TOYS PAST THEIR BEST (OVER CHEWED)	8th ANY DUPLICATE HAIR STYLING EQUIPMENT	9th SPECIALIST TEA/COFFEE YOU NEVER DRINK
10th BROKEN TOOLS OR GARDEN EQUIPMENT	11th LIPSTICKS YOU CAN'T APPLY PROPERLY BECAUSE THEY'VE ALMOST FINISHED...	12th DUPLICATE PHYSICAL PHOTOS
13th CLOTHES RELATED TO A HOBBY YOU NO LONGER DO (SKI KIT, SPORTS KIT, HIKING KIT, DANCE CLOTHES ETC.)	14th BULBS THAT DON'T FIT ANY LIGHTS IN YOUR HOUSE	15th JEWELLERY YOU NEVER WEAR AND THAT HAS NO VALUE
16th SHOWER MATS THAT YOU NEVER USE	17th OLD TABLE CLOTHS THAT YOU NEVER USE	18th STATIONERY DUPLICATES - YOU DON'T NEED >1 PENCIL SHARPENER
19th ORNAMENTS THAT YOU'RE SICK OF DUSTING!	20th DUPLICATES IN YOUR TOOL BOX	21st HAIR PINS THAT HAVE BEEN BENT OUT OF SHAPE
22nd EXCESS BAKING TRAYS / SAUCEPANS ETC... IN THE KITCHEN	23rd ANY HAIR STYLING EQUIPMENT THAT YOU DON'T USE	24th DEAD OUTSIDE PLANTS
25th BOOKS FOR HOBBIES YOU DON'T DO ANY MORE	26th ANY OLD LOYALTY CARDS IN YOUR PURSE THAT YOU NO LONGER NEED/USE	27th CRAFT SUPPLIES AND ITEMS THAT ARE NO GOOD ANY LONGER
28th BOOKS YOU'VE READ AND HAVE NO INTENTION OF READING AGAIN	29th THROWS THAT YOU DON'T USE	30th SCHOOL RELATED ITEMS FOR THE PREVIOUS YEAR THAT AREN'T RELEVANT ANY LONGER
	31st OVERGROWN TREES AND BUSHES	

August

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st OLD JEWELLERY BOXES THAT YOUR JEWELLERY CAME IN WHEN YOU GOT IT	2nd TO DO LIST ITEMS THAT DON'T NEED TO BE DONE, AND NO-ONE WILL BE AFFECTED BY IF NOT DONE	3rd CLOTHES YOU CAN'T WEAR BECAUSE YOU HAVE NOTHING THAT GOES WITH IT
4th PENS THAT YOU CAN'T WRITE NICELY WITH - YOU DON'T NEED THE FRUSTRATION IN YOUR LIFE!	5th TOILETRIES THAT DON'T WORK WELL FOR YOU - THAT YOU'RE JUST PUTTING UP WITH.	6th BROKEN OR DAMAGED ORNAMENTS
7th BELTS THAT YOU DON'T WEAR	8th RECIPE BOOKS YOU DON'T USE (YOU CAN EASILY FIND RECIPES ONLINE)	9th KIDS SCHOOLWORK - KEEP ONLY ONE OR TWO OF THE BEST BITS FROM EACH YEAR
10th DOWNLOADED MUSIC ON YOUR COMPUTER / PHONE THAT YOU DON'T LISTEN TO	11th FINISHED STICKER BOOKS	12th EXCESS CUTLERY
13th SPORTSWEAR THAT SMELLS - SWEAT CAN STAY FOREVER, NO MATTER WHAT YOU DO.	14th EXCESS TOWELS - HOW MANY DO YOU REALLY NEED?	15th ANYTHING IN A BOX IN YOUR SHED THAT YOU DON'T USE, OR REMEMBER WHAT'S IN IT!
16th MAKEUP YOU NEVER WEAR BECAUSE YOU HATE THE COLOUR	17th OLD PHONES THAT YOU NO LONGER USE	18th BLANKETS THAT YOU DON'T USE
19th TELEPHONE DIRECTORIES	20th OVERSTRETCHED HAIR BANDS/ELASTICS	21st KNIVES THAT ARE NO LONGER SHARP AND CAN'T BE SHARPENED
22nd PHOTOS OF PLACES AND PEOPLE YOU DON'T KNOW / REMEMBER	23rd HOW MUCH FOOD YOU HAVE - EAT FROM WHAT YOU'VE GOT FOR A WEEK TO REDUCE A BIT	24th OLD PAPERWORK THAT IS PILING UP
25th ICE IN THE FREEZER - DEFROST IT!	26th ANYTHING IN THE BACK SEAT AREA OF THE CAR THAT ISN'T VITAL	27th SUN CREAM THAT'S PAST ITS BEST (OPENED FOR TOO LONG ETC...)
28th YOUR WEDDING DRESS OR ANOTHER EVENT DRESS YOU DON'T NEED TO KEEP	29th PROGRAMMES FROM SPORTS EVENTS / THEATRE THAT YOU'VE BEEN TO BUT NEVER LOOK AT	30th DVDS YOU HAVE WATCHED AND WON'T WATCH AGAIN
	31st ITEMS RELATED TO HOBBIES YOU DON'T DO ANY LONGER	

September

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st EXCESS LUGGAGE - KEEP ONLY WHAT YOU REALLY NEED	2nd SWIMSUITS THAT HAVE LOST THEIR STRETCH	3rd BED PILLOWS THAT HAVE LOST THEIR PLUMPNESS AND GIVE YOU A BAD NIGHTS SLEEP
4th CURRENCY FROM OTHER COUNTRIES THAT YOU AREN'T GOING BACK TO	5th UNNEEDED TV REMOTES	6th AUDIO BOOKS YOU'VE LISTENED TO AND WON'T AGAIN
7th ANYTHING WAITING TO GO TO A CHARITY SHOP	8th ANY DVD OR CD BOXES THAT ARE EMPTY WITH NO SIGN OF THE CONTENTS...	9th FOOD IN CUPBOARDS THAT YOU AND THE FAMILY DON'T LIKE AND WON'T EAT
10th OLD SUNGLASSES	11th ANYTHING THAT YOU'RE KEEPING IN YOUR CAR BOOT THAT SHOULDN'T BE THERE	12th EXCESS SERVING DISHES - THINK ABOUT THE BIGGEST PARTY YOU'VE HAD AND WHAT YOU USED
13th CANDLE HOLDERS YOU DON'T LOVE AND/OR USE	14th OUTDATED TRAVEL BOOKS (ESPECIALLY IF YOU WON'T EVEN VISIT THERE)	15th CLOTHES YOU DON'T FEEL FANTASTIC WEARING
16th SUMMER CLOTHES THAT YOU DIDN'T WEAR, OR THAT ARE WORN OUT	17th KITCHEN ITEMS THAT ONLY HAVE ONE OF, BUT STILL YOU NEVER USE IT	18th SOCIAL EVENTS THAT DON'T MAKE YOU HAPPY
19th OLD TOOTHBRUSHES - YOU SHOULD CHANGE YOUR TOOTHBRUSH EVERY 3 MONTHS	20th DRINKS BOTTLES - 1 PER PERSON IS FINE!	21st BROKEN JEWELLERY THAT CAN'T BE FIXED
22nd TV SUBSCRIPTION SERVICES THAT YOU DON'T WATCH AT ALL - CANCEL	23rd TOO MANY BATHROOM TOYS - HOW MANY CAN YOUR CHILDREN PLAY WITH AT ONCE?!	24th OUTSIDE FURNITURE THAT HAS FADED, BROKEN, OR IS PAST ITS BEST
25th ANY WATERPROOF CLOTHING THAT ISN'T WATERPROOF (COATS, SHOES ETC...)	26th A MAGAZINE SUBSCRIPTION THAT YOU DON'T READ ANY LONGER - CANCEL IT	27th VASES YOU DON'T LIKE / THAT DON'T MATCH THE DÉCOR
28th ANY OLD DEBIT CARDS YOU NO LONGER NEED/USE (CUT UP TO ENSURE SAFE DISPOSAL)	29th EXCESS TRAVEL TO PLACES - MAKE EVERY JOURNEY COUNT BY DOING AS MUCH AS YOU CAN AT EACH PLACE AT ONCE	30th THE WORST PHOTOS IN A SET OF SIMILAR ONES

October

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

<p>1st</p> <p>PRESENTS IN YOUR PRESENT BOX THAT AREN'T LOOKING THEIR BEST ANY LONGER</p>	<p>2nd</p> <p>BUSINESS CARDS / TRADE FLYERS - ADD DETAILS TO YOUR HOME FILE AND RECYCLE THEM</p>	<p>3rd</p> <p>OLD PHONE CASES YOU DON'T USE (OR THAT DON'T FIT YOUR PHONE ANYMORE)</p>
<p>4th</p> <p>FOOD YOU DON'T WANT TO BE EATING (SNACKS, SWEETS, SUGAR ETC....)</p>	<p>5th</p> <p>CLOTHES THAT DON'T SUIT YOUR STYLE ANY LONGER</p>	<p>6th</p> <p>PHONE PHOTOS THAT YOU DON'T NEED (SELFIES, RANDOM STUFF IN YOUR DAY TO DAY LIFE ETC...)</p>
<p>7th</p> <p>CALCULATORS - YOU HAVE ONE ON YOUR PHONE!</p>	<p>8th</p> <p>DUVET COVERS THAT DON'T FIT ANY BEDS YOU HAVE</p>	<p>9th</p> <p>SHOE POLISH IN COLOURS YOU DON'T HAVE SHOES IN</p>
<p>10th</p> <p>YOUR TRASH CAN ON YOUR COMPUTER</p>	<p>11th</p> <p>GAMES/JIGSAWS WHERE SOME OF THE PIECES ARE MISSING</p>	<p>12th</p> <p>UNDERWIRED BRAS WHERE THE WIRE IS POKING OUT</p>
<p>13th</p> <p>YOUR ADDRESS BOOK - GET RID OF ADDRESSES YOU NEVER USE ANYMORE</p>	<p>14th</p> <p>EXCESS BOWLS</p>	<p>15th</p> <p>OLD BANK STATEMENTS</p>
<p>16th</p> <p>CHARGERS FOR PHONES YOU NO LONGER OWN</p>	<p>17th</p> <p>MORE THAN ONE OVEN GLOVE</p>	<p>18th</p> <p>CHIPPED OR CRACKED CROCKERY</p>
<p>19th</p> <p>KIDS BOOKS THEY'VE OUTGROWN</p>	<p>20th</p> <p>ANY TUPPERWARE OR PLASTIC STORAGE CONTAINERS WITH MISSING LIDS</p>	<p>21st</p> <p>BOARD GAMES YOU NEVER PLAY</p>
<p>22nd</p> <p>OLD PERFUME THAT'S PAST IT'S BEST</p>	<p>23rd</p> <p>RUSTY BAKING SHEETS OR KITCHEN EQUIPMENT (GRATERS, SIEVES ETC...)</p>	<p>24th</p> <p>OUT OF DATE VOUCHERS AND DEALS INFORMATION YOU HAVE BEEN KEEPING</p>
<p>25th</p> <p>FILES IN YOUR FILING CABINET THAT ARE FOR CATEGORIES YOU DON'T NEED ANYMORE</p>	<p>26th</p> <p>ANYTHING ON YOUR TO DO LIST THAT YOU ALWAYS AVOID - GET DONE NOW OR DELETE!</p>	<p>27th</p> <p>SPARE BUTTONS FROM CLOTHES THAT YOU'RE KEEPING "JUST IN CASE"</p>
<p>28th</p> <p>ANY PET RELATED ITEMS YOU DON'T NEED / USE</p>	<p>29th</p> <p>WORK RELATED ITEMS FROM A JOB YOU DON'T DO ANY LONGER (BADGES, UNIFORM ETC...)</p>	<p>30th</p> <p>ANYTHING IN THE GLOVE COMPARTMENT OF YOUR CAR THAT SHOULDN'T BE THERE</p>
	<p>31st</p> <p>COBWEBS! - DUST THE CEILINGS AND GET RID OF THIS COMPLETELY UNWANTED ITEM!</p>	

November

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st CHRISTMAS CARD / PRESENT LIST - ARE YOU SENDING TO TOO MANY PEOPLE? <input type="checkbox"/>	2nd DEAD LEAVES ON THE GROUND <input type="checkbox"/>	3rd OUTGROWN OR UNUSED HALLOWEEN COSTUMES <input type="checkbox"/>
4th BROKEN / UNUSED HALLOWEEN DECORATIONS <input type="checkbox"/>	5th FILES ON YOUR COMPUTER THAT YOU NEVER USE AND WON'T NEED AGAIN <input type="checkbox"/>	6th ITEMS ON YOUR TO DO LIST THAT TAKE LESS THAN 2 MINUTES TO DO - GET THEM DONE! <input type="checkbox"/>
7th LOYALTY CARDS POINTS/CASH - SPEND THEM NOW (MAYBE FOR XMAS ITEMS?) <input type="checkbox"/>	8th GAMES ON YOUR PHONE THAT WASTE YOUR TIME EVERY DAY <input type="checkbox"/>	9th DEAD HOUSE PLANTS/FLOWERS <input type="checkbox"/>
10th JEWELLERY CHAINS THAT HAVE SNAPPED IN TWO - THAT CAN'T BE FIXED <input type="checkbox"/>	11th TEXT BOOKS FROM PAST STUDIES <input type="checkbox"/>	12th SHOPPING QUEUES! - SHOP ONLINE OR OUT OF PEAK TIMES, <input type="checkbox"/>
13th FOOD PACKAGING - BOXES OF SNACKS ETC... CAN BE UNBOXED TO SAVE ROOM AND GET RID OF EXCESS <input type="checkbox"/>	14th ANYTHING IN YOUR BEDROOM THAT DOESN'T PROMOTE RELAXATION AND SLEEP <input type="checkbox"/>	15th OUT OF DATE LETTERS OR FORMS <input type="checkbox"/>
16th GARDEN TOYS THAT HAVE BEEN LEFT OUTSIDE AND ARE FADED, BROKEN, MOULDY ETC... <input type="checkbox"/>	17th MAPS - YOU'LL FIND GOOGLE MAPS MORE UP TO DATE! <input type="checkbox"/>	18th BADLY FITTING BRAS <input type="checkbox"/>
19th LAUNDRY WAITING TO BE PUT AWAY <input type="checkbox"/>	20th ANY CLOTHES THAT DON'T FLATTER YOUR SHAPE <input type="checkbox"/>	21st NAPKINS YOU NEVER USE <input type="checkbox"/>
22nd YOUR EMAIL 'BIN' CONTENTS <input type="checkbox"/>	23rd ANYTHING RECORDED ON YOUR TV THAT YOU'VE WANTED TO WATCH BUT HAVEN'T & WON'T <input type="checkbox"/>	24th ANYTHING IN A BOX IN YOUR LOFT THAT YOU DON'T USE, OR REMEMBER WHAT'S IN IT! <input type="checkbox"/>
25th ANYTHING THAT ISN'T IN THE RIGHT PLACE IN YOUR HOME - DO A 10/15 MINUTE TIDY UP. <input type="checkbox"/>	26th DRIED UP / UN-STICKY GLUE PRODUCTS <input type="checkbox"/>	27th CUDDLY TOYS NO LONGER LOVED <input type="checkbox"/>
28th OLD BATTERIES <input type="checkbox"/>	29th OLD CAMERAS THAT YOU DON'T USE ANYMORE <input type="checkbox"/>	30th BABY ITEMS IF YOU HAVE FINISHED HAVING BABIES AND YOUR FAMILY IS COMPLETE <input type="checkbox"/>

November

December

DAILY DECLUTTER

SIMPLY TICK THE GREY BOX WHEN YOU'VE COMPLETED EACH DAY. GOOD LUCK!

1st ITEMS IN YOUR DIARY THAT YOU DON'T ENJOY DOING AND COULD SAY NO TO	2nd UNWANTED PHONE CALLS. STOP THEM BY REGISTERING FOR THE TELEPHONE PREFERENCE SERVICE	3rd KIDS TOYS NO LONGER PLAYED WITH
4th SMALL PAINT SAMPLE POTS THAT YOU GOT WHEN YOU WERE DECORATING	5th DEAD LEAVES ON LIVING PLANTS	6th UNSUBSCRIBE FROM ONE EMAIL SERIES THAT YOU KEEP DELETING BEFORE YOU READ IT
7th ROLLS OF WALLPAPER THAT YOU HAVEN'T GOT A ROOM DECORATED IN ANY LONGER!	8th APPS ON YOUR PHONE THAT YOU DON'T USE	9th SOMETHING FROM YOUR JUNK DRAWER THAT YOU NEVER NEED
10th LESS THAN PERFECT GIFT BOWS AND RIBBONS	11th ANY "I SHOULD BE DOING" THOUGHTS - YOU DO YOU!	12th ANYTHING UNDER YOUR SOFA CUSHIONS!
13th BROKEN FOLDERS / RING BINDERS	14th DUPLICATE GAMES & TOYS - YOU ONLY NEED ONE OF EACH!	15th BROKEN UMBRELLAS
16th ANYTHING LURKING AT THE BOTTOM OF YOUR HANDBAG!	17th DECORATIVE CUSHIONS THAT HAVE LOST THEIR PLUMPNESS	18th CARDS THAT HAVE NO ENVELOPE
19th MORE THAN ONE DIARY - YOU'LL GET CONFUSED AND DOUBLE BOOK IF YOU HAVE >1	20th EXCESS LOOSE CHANGE - GATHER IT UP AND GET IT TO THE BANK	21st ARTWORK THAT DOESN'T MAKE YOU HAPPY
22nd SCRAPS OF WRAPPING PAPER THAT WON'T WRAP ANYTHING	23rd ANYTHING IN YOUR BINS AROUND THE HOUSE (EASY WIN!)	24th USED CANDLES WHERE THE WICK HAS WORN DOWN AND CAN'T BE LIT AGAIN
25th ANY PLASTIC CARRIER BAGS YOU'RE STOCKPILING (20 IS PROBABLY PLENTY!)	26th YOUR BUCKET LIST - SCHEDULE A COUPLE OF THINGS INTO THE NEXT 6 MONTHS	27th DIFFUSERS THAT HAVE BEEN USED UP
28th PRESENTS THAT YOU'VE HAD AND DON'T WANT - RE-GIFT TO SOMEONE WHO WILL LOVE IT	29th REGRETS - YOU CAN'T CHANGE THE PAST, SO THERE'S NO POINT IN LOOKING BACKWARDS	30th CHRISTMAS CARDS THAT YOU DON'T WANT TO KEEP.
	31st CHRISTMAS PRESENTS YOU BOUGHT FOR PEOPLE, BUT NEVER USED. TREAT YOURSELF OR ADD TO YOUR PRESENT BOX!	

WELL DONE - A WHOLE YEAR OF DECLUTTERING - DONE! NOW - ARE YOU READY FOR MORE? BECAUSE DECLUTTERING IS A JOURNEY, NOT A DESTINATION...

I hope that this daily challenge has helped you create a decluttering habit that will keep your home much more tidy from now on.

You may be wondering what to do next, especially if you're having fun letting go of all that stuff!

And there are options! Here's all the good stuff I can help you with, on your decluttering journey...

OPTION #1 - KEEP GOING!

Make sure you keep following the facebook page (**Less Stuff, More Space**) - for loads of helpful tips and advice to keep you motivated.

You can keep going with this challenge, or challenge yourself to go even deeper....

OPTION #2 - GET SPECIFIC

This decluttering challenge is made for everyone to help get started on decluttering - but decluttering the right things for you can make a HUGE difference even more quickly.

If you want to do a deeper dive then start by taking the FREE quiz here:

<https://organisemyhouse.com/how-organised-are-you-quiz/>

This will tell you what you need to focus on - so you don't waste any time or energy on the things you don't need to.

OPTION #3 - GO REALLY DEEP

If this has made you hungry to really tackle every part of your home and get it set up so it works brilliantly for you, then you'll want to check out the Declutter Equation - which I set up after over 12 years as a professional organiser decluttering my clients homes 1-1. Everything I did with them is in this course - and it's the next best thing to having me right there with you....

<https://organisemyhouse.com/the-declutter-equation-decluttering-course/>